Questions of Love — Storytelling Deck

A Keepsake ritual for deepening connection

Use this printable deck to guide a 60-minute storytelling session based on Arthur Aron's 36-question framework. Cut the cards or use the checklist as-is. Pair with the instructions in Questions of Love: 36 Prompts and the 36 Questions to Fall in Love guide.

Act I — Warm-Up (Questions 1–12)

- 1. If you could invite anyone in the world to dinner, who would it be and why?
- 2. Would you like to be famous? In what way?
- 3. Before making an important call, do you rehearse what you're going to say? Why?
- 4. What would constitute a "perfect" day for you right now?
- 5. When did you last sing to yourself? To someone else?
- 6. If you could live to age 90 with either the mind or body of a 30-year-old for the last 60 years, which would you choose?
- 7. Do you have a secret hunch about how you will die? Share what feelings come up.
- 8. Name three things you and your partner appear to have in common.
- 9. For what in your life do you feel most grateful right now?
- 10. If you could change anything about the way you were raised, what would it be?
- 11. Spend four minutes sharing your life story in as much detail as possible.
- 12. If you could wake up tomorrow with any new quality or ability, what would you choose?

Act II — Shared Meaning (Questions 13–24)

13. If a crystal ball could tell you the truth about yourself, your life, or the future, what would you ask?

- 14. What dream have you held for a long time? Why hasn't it happened yet?
- 15. What accomplishment from the past year are you most proud of?
- 16. What do you value most in a friendship today?
- 17. Describe a treasured memory.
- 18. Share a difficult memory. What did you learn?
- 19. If you knew you would die in one year, what would you change about your life now?
- 20. What does friendship mean to you these days?
- 21. What roles do love and affection play in your life?
- 22. Alternate sharing a positive characteristic of your partner. Share five each.
- 23. How close and warm is your family? How did that shape you?
- 24. Talk about your relationship with your mother or primary caregiver and how it affects us today.

Act III — Future Vision (Questions 25–36)

- 25. Make three true "we" statements (e.g., "We are both excited about...").
- 26. Complete the sentence: "I wish I had someone I could share..."
- 27. If we were going to become closer friends, what should I know about you?
- 28. Tell your partner what you like about them—be specific and honest.
- 29. Share an embarrassing moment and what you learned.
- 30. When did you last cry in front of someone? By yourself?
- 31. Tell your partner something you already like about them today.
- 32. What, if anything, feels too serious to joke about right now?
- 33. If you were to die this evening with no chance to communicate, what would you regret not saying?
- 34. After saving loved ones and pets from a fire, what one item would you rescue? Why?
- 35. Which family member's death would be most disturbing? Explain.
- 36. Share a personal problem and invite your partner's advice. Reflect back the feelings you heard.

Reflection Prompts

- What answer surprised you most?
- What new tradition do you want to start together?
- What support do you need from each other over the next month?

Finish with four minutes of quiet connection—eye contact, hand-holding, or another grounding practice that feels safe.